



In your home or villa it's less about the house and more about the occupant. Over 27 years Renata Kubina, founder of Spa To You, has studied and mastered numerous massage techniques, become highly qualified in beauty & aesthetic body treatments, and is skilled in the use of holistic good-foods. She merges these into what she calls 'Total Wellness', tailoring services for each client. Whatever the purpose, be it vacation, business or 'pure escape', Renata can ensure personal goals are met with deep relaxation, high performance energy or spa-detox programs. Her reputation is impressive; being preferred supplier to luxury hotels & resorts, super-yacht charters and as a personal carer for several international celebrities.

ARRIVAL PACKAGES

Combat Jetlag massage plus pressed organic Jetlag Juice \$265 per person

Dissolve mental and physical fatigue from rapid travel. A 1.5 hour head to toe essential oils and magnesium massage stimulates circulation, the organic pressed juice of grapefruit, pineapple, mint, ginger root and Kale helps balance the inside and tastes amazing.

Ultimate Arrival Package \$820* for 2 people

Kick start your holiday feeling invigorated and stress free:

- Cupboards stocked with favorite foods on arrival
- Two x 1 hr massages and freshly pressed Jet lag Juice
- Welcome meal: lunch or dinner on your day of arrival

* Ingredients for pantry and welcome meal additional. Package covers 2 people, Single rate also available.

ANYTIME SPA

Massage

1 hour	\$145
1.5 hour	\$205
2 hour	\$265

An intuitive combination of international styles tailored to your liking and pressure.

Facials

1 hour	\$175
1.5 hour	\$255

Great products and an acupressure workout massage for your face equals AMAZING results and a guaranteed trip to relaxation heaven!

Add these options to treatments above

30 minutes \$88 per option

Salt Scrub Body Exfoliation

French salt plus essential oils for smooth, silky skin

Mineral Rich Seaweed Body Wrap

French self-heating algae for a purified, nourishing detox

Hair Mask

Unforgettable scalp massage for intense hydrated gloss

Aesthetic Beauty Services

Manicure + Pedicure	\$132
Brazilian waxing Specialist from	\$90
Eyebrow and Eyelash Tinting from	\$25
Ear candling (Eases pressure while flying)	\$85

COUPLES PACKAGES

Indulgent Escapade

1 hour each for 2 people	\$395
1.5 hour each for 2 people	\$525

An invigorating salt body exfoliation is followed by a moisture massage with lashings of organic coconut & vanilla cream.

Romantic Bath Ritual

1 hour each for 2 people	\$495
1.5 hours each for 2 people	\$595

The bath is filled with intoxicating essential oils and rose petals. A massage each leaves you with nothing to do but slide in and enjoy. Chocolate-coated strawberries and a glass of French Champagne complete the experience.

GOOD FOOD PROGRAMS

Cleansing and good food programs in conjunction with detoxing body treatments or blood type eating plans, vegan, and gluten free, macrobiotic and Ayer Vedic food preparation for snacks and casual entertaining can be tailored to your needs.

To book or enquire call : 0412 277 744 or

email renata@spatoyou.com.au

† Above are based on 10km distance from central Sydney. tolls +surcharges apply after that.

† Minimum booking time of 1.5 Hour

† Late cancellation fees apply

† GST inclusive

TESTIMONIALS

Sam Slipper- create an all day spa day for 3 girlfriends including preparation of light Thai lunch 10 am-4pm

It was the perfect way to catch up and really relax while our lovely husbands took the children to the zoo for the day.

We each started the day with a salt scrub and a Moroccan hair mask and then sat down to a sumptuous Thai lunch. We requested it to be light after the Christmas festivities and Renata made 2 delicious and very authentic salads, which she served outside overlooking the ocean, she even set the table beautifully.

The afternoon slipped by in bliss as we each received a massage/facial treatment while also being able to have a nap and read on the day bed. It was a first class service and Renata had the day flow effortlessly, as well as delivering amazing treatments and food.

Aamir Khan – An organic low fat high protein food program over a period of one month, comprising 6 meals per day for 2 clients. All based on chicken and fish, with nominated vegetables, to suit the dietary needs specified by a healthcare professional all prepared in the client's own kitchen. The task to develop menus, source and prepare meals, which comply with the dietary needs but are variable, tasty, and interesting.

I had been eating this way for many months now and it was a pleasure to have Renata cook my meals for me here in Australia. She was very creative and the food tasty with every meal being different. It made it much easier to stick to the diet and not miss dining out in your restaurants. Thank you Renata

Renata has been my beauty therapist for more than 15 years. And never once can I fault her professionalism and expertise in her field. Her product knowledge and overall wellness plan for her clients is passionate and handled in a nurturing manner. Her meticulous manner and punctuality make for a calm experience. Spa to You is the ultimate in sheer bliss

Jenny Basset, Basset International

The Spa to You service is amazing. Renata, who owns the business arrived, set up a veritable day spa in my home with essential oils burning and lovely music and gave me possibly the best salt body scrub and facial I have ever had. What a great Service! Thank you

Jane, Ontario.

I have employed Renata to cater for my many social occasions, where she has prepared and served food for both private dinner parties and large social events. Renata enjoys cooking and has developed the skills to provide memorable food. Added to her culinary attributes, Renata has creative skills and can transform an ordinary evening into a special event.

Roslyn E Weiley, Woollahra

Renata has taken care of all my beauty needs and those of my two daughters. She is capable, reliable and great fun to deal with. We have all used Renata's catering skills from time to time and she is a first class chef.

Toni Lewis, Lewis Land